

**MLC School
Gymnastics
Newsletter
Term 1 – Issue 1**



Sport Aerobics @ MLC Christmas
Display Dec 2008

Welcome to Term 1 Gymnastics at MLC School. This year is off to a flying start with all the gymnasts settling in and enjoying their classes. We have a busy year ahead so please check the calendar of Upcoming Events and mark in your diary all the dates that are relevant to you.

Enrolment Forms: There are still some students who have not returned enrolment forms for Term 1 Gymnastics. These and payments need to be returned by FRIDAY 13TH MARCH.

Term 2 Re-Enrolment: MLC Gymnastics will begin re-enrolling for Term 2 from Monday 23rd March 2009. The re-enrolment form will be on the MLC School Website and will be handed out in their gymnastics lesson. Classes are filled on a first in first served basis. Please return forms to Claire Robilliard in the PE Office in the MLC Aquatic Centre.

Leotard Policy: All gymnasts who train in a gymnastics Squad or Competitive Training Group are required to wear a leotard to training. We ask that gymnasts do not wear the MLC Competition Leotard to training so that it remains in great condition for Competitions.

MLC Junior School Pick Up: Gymnastics students who attend MLC Junior School are to abide by the following pick up procedure. Gymnasts are to wait in the Piazza in the Junior School. Gymnastics coaches will meet the students in the Piazza and walk them over to the Aquatic Centre at 3:15pm - 3:20pm. Girls are to eat their afternoon tea while they are waiting.

Gymnastics Spectating: Please note that gymnastics classes can be viewed from the spectator area that is on the entry level to the Aquatic Centre (Park Rd). Due to OH&S reasons, we do ask that parents drop off their children and watch them from upstairs – not in the gym.

Upcoming Events:

Date	Event
13/03 – 14/03	Rhythmic Gymnastics SMC Competition @ PLC
23/03 – 11/04	Gymnastics Re-enrolment Term 2
09/04	Last Day Gymnastics Term 1
10/04 – 26/04	School Holidays

Please note that girls in competitive training groups will have been handed out a full competition schedule for the year.

What's Happening In Gymnastics?

There are three ways that gymnastics information is conveyed to you.

1. Gymnastics Noticeboard which is situated in the Pool Corridor in the Aquatic Centre.
2. MLC Gymnastics Website – For notes, information and latest news. www.mlcsyd.nsw.edu.au/public/community_programs/gymnastics.cfm
3. Information notes handed to your child in their gymnastics class. Please ensure that you check for these notes and return any notes required by the due date.

If you have any queried regarding gymnastics please do not hesitate to contact your child's coach at the conclusion of their lesson or the Head of Gymnastics.

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Mon – Fri
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